

Have Your Next
Reception
Private Party or
Event Catering
With Us!
757.705.7368
Baylocalevents@gmail.com

BRUNCH



WWW.BAYLOCALVB.COM
Shore Drive (757) 227-4389
Laskin Road (757) 962-0044
General Booth (757) 330-3663

APPETIZERS

BAY PARMESAN, SPINACH & CRAB DIP Local blue crab and spinach dip served with garlic Parmesan fried pita points. \$17.99

HUMMUS PLATTER Our house-made hummus served with mixed veggies, fruit and garlic Parmesan fried pita points. \$14.99

BAY WINGS 10 wings, fried with Buffalo, BBQ, Crazy Asian, Garlic Parm, Sweet Chili, Chipotle Honey or Old Bay. Choice of Ranch or Blue Cheese. \$16.99

POPPIN CHAMPAGNE FRIED SHRIMP 6 Champagne battered shrimp served with cucumber salad over a bed of Cajun aioli and sweet chili sauce. \$16.99

CALAMARI Lightly fried with banana peppers and jalapeños, dusted with garlic Parmesan, and served with Cajun aioli & sweet chili sauce. \$15.99

TA-CHOS / NACHOS Choice of Garlic Parmesan Tots, fresh tortilla chips (or both) with bacon, tomatoes, arugula, jalapeños, onions, sour cream, and Cajun aioli with side of cheese sauce. \$15.99

Add Chicken or Shrimp \$5.99 / Add Fresh Avocado \$1.99

BAY THREE WAY Assorted platter of homemade chicken salad, tuna salad* and hummus served with arugula, mixed greens, veggies and fruit with garlic Parmesan fried pita points. \$17.99

BANGING BALLS Crab balls melted 3-cheese blend, parmesan, mozzarella and cheddar cheese. Topped with bacon crumbles, old bay and Cajun aioli. \$17.99

PROPER ROCK (no shell) Our house-made Rockefeller mix, extra bacon, and Parmesan, topped with fried oysters, and drizzled with hollandaise. Served with garlic Parmesan fried pita points. \$17.99

BAY FAVORITES

CANDIED PECAN FRENCH TOAST BITES Smothered in crunchy candied pecans, vanilla icing, and powdered sugar with choice of applewood smoked bacon or smoky sausage links. Topped with fresh strawberries, caramel & whipped cream \$15.99

2 FRESH BLUEBERRY WAFFLES With choice of applewood smoked bacon or smoky sausage links. Topped with blueberry sauce, vanilla icing, whipped cream and powdered sugar. \$15.99

2 CINNABON PECAN WAFFLES With choice of applewood smoked bacon or smoky sausage links. Topped with Praline pecans, caramel, vanilla icing, whipped cream and powdered sugar. Served with vanilla ice cream \$15.99

"THE HANGOVER" Your choice of 8oz top sirloin filet* OR a grilled or fried chicken breast, served with two eggs any style*, home fries cooked with onions and peppers or Garlic Parmesan Tots, toast and one pancake. Wash it down with a can of Budweiser (No Substitutions) in a brown paper bag (Must be 21 years+). \$22.99

AVOCADO TOAST Toasted French bread topped with sliced avocado, arugula, radishes, sliced heirloom cherry tomato salad, and sprouts. Served with two poached eggs* and a side of house dressing. \$15.99
Add bacon, sausage, turkey bacon \$1.99 / Add cold smoked salmon* \$8.99

ONE LOVE Three eggs any style*, arugula salad, half grilled avocado, choice of bacon, sausage, or turkey bacon, home fries cooked with onions and peppers or Garlic Parmesan Tots. Choice of toast or warm tortillas. \$15.99
Add grilled or fried chicken breast, or shrimp for \$5.99 Add crab cake \$9.99
Add a scoop of our house made chicken salad or tuna salad* for \$3.49

BUTTERMILK PANCAKES (3) Made from scratch and stacked high with your choice of one topping: Oreos, chocolate chips, pecans, blueberries, strawberries, bananas. Served with your choice of bacon, smoky sausage links or fresh fruit. \$15.99 Add more toppings for \$0.99 each

POWER BOWL Big bowl of lightly sautéed fresh kale in garlic and olive oil, with two eggs any style*, slices of applewood smoked bacon or smoky sausage links, and a garlic Parmesan toasted pita. \$14.99
Substitute spinach for additional \$3.99

BAY BREAKFAST BURRITO Large flour tortilla stuffed with bacon, sausage, tomato, cheddar cheese, scrambled eggs, grilled potatoes, onions and peppers. Topped with sour cream, cheese sauce and Cajun aioli. Served with nacho chips. \$15.99

KITCHEN SINK 3 egg scrambled with ham, turkey, bacon, sausage and cheddar cheese over Garlic Parmesan Tots or home fries cooked with onions and peppers. Served with toast. \$15.99

"JUST RIGHT" Shrimp and Grits done our way. Sautéed with onions, andouille sausage, and sweet peppers over cheese grits, topped with crispy applewood smoked bacon and smoky sausage gravy. Served with toast. \$17.99 / Add chopped sautéed scallops \$3.99

"BIG AL" Fresh baked biscuit stuffed with cheddar cheese, bacon and sausage baked to perfection and smothered with house-made sausage gravy. Served with two eggs any style* and home fries cooked with onions and peppers or Garlic Parmesan Tots. \$15.99

FRIED CHICKEN & WAFFLES Fresh fried boneless chicken breast, a crispy house made Belgian waffle and two eggs any style*. Served with butter and a side of home fries cooked with onions and peppers or Garlic Parmesan Tots. \$17.99
Make it a chocolate chip waffle for \$1.99 or Substitute French Toast. \$2.99

JAMAICAN DARK RUM FRENCH TOAST Sliced French bread soaked in cinnamon, brown sugar and dark rum then grilled golden brown with choice of applewood smoked bacon or smoky sausage links. Served with a fresh fruit skewer. \$15.99

THE LESNER 1 pancake or waffle, 2 eggs any style*, applewood smoked bacon or smokey sausage link, served with home fries cooked with onions and peppers, garlic Parmesan Tots, or cheese grits and toast or a fried biscuit \$14.99

BREAKFAST SANDWICHES

SAMMIE Bacon, sausage, 2 eggs any style*, choice of cheese on a croissant with home fries cooked with onions and peppers or Garlic Parmesan Tots. \$14.99

BIG COUNTRY Fried chicken breast, bacon, 2 eggs any style*, and cheddar cheese on a buttermilk biscuit, sandwich style. Served with a side of sausage gravy. Choice of Garlic Parmesan Tots or home fries cooked with onions and peppers. \$15.99

THE CAVALIER

Decadence for two in grand fashion. Choose any two appetizers, any two entrees, and a carafe of fresh squeezed juice or sorbet of your choice. Served with a chilled bottle of *Armand De Brignac "Ace of Spades"*, \$450

OUR BENNIES

Our Benedicts are served with 2 poached eggs* on a toasted English muffin or French bread, drizzled with fresh hollandaise and served with home fries cooked with onions and peppers or Garlic Parmesan Tots. Upgrade to a side of fresh fruit for an additional \$1.99
Add fresh sliced avocado to any Bennies for \$1.99

BAY LOCAL* Fried oysters topped with our signature Rockefeller mix, applewood smoked bacon and Parmesan. \$17.99

CRAB CAKE BENNIE* Two pan seared crab cakes topped with crispy applewood smoked bacon. \$18.99

FRIED CHICKEN BENNIE* Lightly breaded fried chicken breast, topped with Swiss cheese, lightly sautéed spinach and topped with applewood smoked bacon. \$15.99

COLD SMOKED SALMON BENNIE* Served with Dill Lemon Cream Cheese Smear, Tomato, Red Onion and Capers \$16.99

SMOKE SHOW* Smoked sausage and cheddar cheese topped with applewood smoked bacon. \$14.99

GARDEN BENNIE* Baby spinach, arugula, onions, green peppers, tomatoes and mushrooms. \$14.99

BAY LOCAL OMELETS

Our three egg omelets are hand folded, cooked to perfection, and served with home fries cooked with onions and peppers or Garlic Parmesan Tots and your choice of toast or fried biscuit. Substitute egg whites in any omelet for an additional \$1.49
/ Add Fresh Avocado \$1.99

QUATTRO FROMMAGE Four Cheeses - swiss, american, provolone, and cheddar topped with hollandaise \$14.99

LIGHT TOWER Shrimp, crab meat and cheddar cheese, topped with hollandaise \$18.99 Add chopped sautéed scallops \$3.99

CHICKS BEACH DELIGHT (veggie) Grilled onions, green peppers, tomatoes, baby spinach, arugula, mushrooms and Swiss topped with sprouts. \$15.99

WILLIS WHARF SPECIAL House Rockefeller mix folded into an omelet with mozzarella cheese and served with hollandaise, topped with fried oysters, bacon and Parmesan \$18.99

EAT FRESH. EAT LOCAL.

EVERYTHING WE SERVE IS MADE FRESH. IN HOUSE USING
LOCALLY SOURCED PRODUCE. FISH AND SEAFOOD WHEN AVAILABLE.

972A Laskin Rd. Virginia Beach, VA 23451 (757) 962-0044

2917 Shore Dr. Virginia Beach, VA 23451 (757) 227-4389

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All guest checks will have automatic 18% gratuity added.

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These foods may be cooked to order upon request

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THE BAY LOCAL CHAR-GRILLED STEAK BURGER

- Served with lettuce, tomato & onions on a brioche bun with your choice of fries, Garlic Parmesan Tots, potato salad or cole slaw -

CLASSIC Half pound char-grilled burger. \$15.99
add cheese: Swiss, American, Provolone, or Cheddar. \$1.99

DOUBLE D* Two 8oz. patties topped with cheddar, Swiss and lots of bacon. \$22.99

MUSHROOM BURGER* Char-grilled burger topped with grilled mushrooms, onions and Swiss. \$16.99

THE LOCAL* Char-grilled burger topped with a broiled crab cake and cheddar cheese. \$18.99

BURGER ADD-ONS

Fresh Avocado	\$1.99	Mushrooms	\$1.99	Bacon	\$1.99	Substitute a gluten-free bun	\$2.99
One Egg* Any Style	\$1.99	Grilled onions	\$1.99	Crab Cake	\$7.99	Fried Soft Shell Crab	(mkt.)
Cheese	\$1.99	Veggie Burger	\$3.49	(available in season)			

OYSTER ROCK BURGER* Char-grilled burger topped with our house Rockefeller mix, fried oysters, bacon and Parmesan cheese. \$18.99

BAY BACON* Char-grilled burger topped with crispy applewood smoked bacon, American cheese and 1 egg any style*. \$16.99

FRESH SANDWICHES

All sandwiches served with fries, Garlic Parmesan Tots, potato salad or cole slaw.
Substitute a gluten free bun for \$1.99.
/ Add bacon for \$1.99 / Add Fresh Avocado \$1.99

CRISPY CHICK Hand breaded fried chicken breast, Swiss cheese, bacon, lettuce, tomato, arugula and a side of Cajun aioli on a brioche bun. \$16.99

CRAB CAKE SANDWICH Signature crab cake, broiled, served with lettuce and tomato on a grilled brioche bun. \$19.99 Add bacon and cheese. \$2.99

BAY CHICKEN SALAD Chopped chicken breast, apples, celery and chopped praline pecans. All tossed together with mayo, sour cream and a blend of spices with lettuce and tomato in a pita pocket or grilled tortilla \$15.99

TUNA SALAD SANDWICH Fresh yellowfin tuna salad* packed in a pita pocket or grilled tortilla with lettuce and tomato, \$16.99 or grilled with cheese for \$1.99 extra

DA CLUB A giant traditional club sandwich towering with smoked turkey, Virginia ham, applewood smoked bacon, lettuce and tomato, Swiss and cheddar cheese with mayo and spicy ground mustard. Served on your choice of bread. \$19.99

GARDEN GRILLED CHEESE Swiss, American and provolone cheese melted together with vine ripe tomatoes and sprouts on your choice of bread. \$13.99

HOT SMOKED TURKEY, BACON & CHEDDAR Smoked turkey, melted cheddar and applewood smoked bacon with lettuce, tomato and served with a side of Cajun aioli on a grilled brioche bun. \$15.99

BAY REUBEN Hot corned beef, sauerkraut, and a layer of melted Swiss, grilled on marble rye and served with a side of Thousand Island dressing and spicy mustard. \$17.99

TURKEY REUBEN Thinly sliced turkey breast with sauerkraut covered in melted Swiss on marble rye, grilled and served with a side of Thousand Island dressing and spicy mustard. \$16.99

GRILLED OYSTER MELT 6 fried oysters on rye, grilled with American, Swiss, provolone, tomatoes, arugula, and a side of Cajun aioli. \$18.99

GRILLED AVOCADO PITA CLUB Sliced turkey, Virginia ham, Swiss, applewood smoked bacon, avocado, mayo & spicy mustard on a grilled pita. \$16.99

PO' BOY WRAP Choice of fried shrimp, chicken or oysters wrapped in a grilled tortilla with lettuce, tomato and a drizzle of Cajun Aioli. \$17.99

CHICKEN CAESAR WRAP Grilled or Fried Chicken, crisp Romaine and shredded Parmesan cheese tossed in our house caesar dressing and wrapped in a grilled Tortilla. \$15.99 Substitute Shrimp \$1.99

SIDES

BASIC SIDES

Potato Salad	\$4.99	Cole Slaw	\$4.99
Cheese Grits	\$4.99	Garlic Parmesan Tots	\$4.99
French Fries	\$4.99	Make your tots or	
Home Fries cooked with onions and peppers	\$4.99	Fries loaded	\$3.99

PREMIUM SIDES

Basket of Fries or		Sautéed Kale	\$6.99
Garlic Parmesan Tots	\$6.99	Sautéed Spinach	\$6.99
Fruit Salad	\$6.99	Mac N Cheese	\$6.99

BAY BLT's

Choice of fries, Garlic Parmesan Tots, potato salad, or cole slaw. Choice of white, wheat, or rye bread. Add an egg any style* to your BLT for \$1.99. Add Fresh Avocado \$1.99

THE REGULAR Applewood smoked bacon, lettuce, vine ripe tomatoes and mayo. \$14.99

AVOCADO Sliced avocado, applewood smoked bacon, cheddar cheese, fresh lettuce, vine ripe tomatoes, sweet red onions and mayo. \$15.99

FC BLT A chicken breast pounded thin, lightly breaded and fried, and topped with applewood smoked bacon, crisp lettuce, vine ripe tomatoes and mayo. Choose BBQ, Buffalo or regular style. \$16.99

SMOKED SALMON* Stacked high with cold smoked lox, applewood smoked bacon, vine ripe tomatoes, lettuce, sweet red onions, cream cheese and mayo. \$17.99

LETTUCE WRAPS

LETTUCE WRAPS Fresh crisp lettuce, topped with sliced apples, cucumbers, grapes, arugula, shredded carrots, and sprouts with a side of onions and cucumber salad. No Substitutions \$17.99

Choose One: Grilled Chicken, Grilled Shrimp, House Made Hummus, Bay Chicken Salad, or Bay Tuna Salad*

Choose One Dressing: House (olive oil, fresh lemon juice, salt & pepper), Olive Oil & Balsamic Vinegar, Bleu Cheese, Ranch, Thousand Island, Honey Mustard, Raspberry Vinaigrette

LIGHT & FRESH SALADS

All salads include choice of dressing: House, Olive Oil & Balsamic Vinegar, Blue Cheese, Ranch, Thousand Island, Caesar, Honey Mustard or Raspberry Vinaigrette, Balsamic Vinaigrette.

Add grilled or fried chicken breast or shrimp to any salad for \$5.99 Add crab cake \$9.99

Add a scoop of our house made chicken salad or tuna salad* for \$3.49

Add half a grilled avocado for \$1.99

BAY LOCAL SALAD Fresh Romaine, mixed baby greens, praline pecans, dried cranberries, bleu cheese crumbles, granny smith apples, strawberries, shredded carrots topped with house-made herb croutons \$16.99

HOUSE SALAD Mixed baby greens, tomatoes, cucumbers, carrots, red onions and cheddar cheese topped with house-made herb croutons. Side \$7.99 Large \$13.99

SMOKED SALMON AND BABY SPINACH* Cold smoked lox, capers, cucumber and praline pecans atop a bed of baby spinach tossed in our house dressing. Served with a garlic Parmesan toasted pita and a smear of cream cheese. \$17.99

CLASSIC CAESAR Crisp Romaine and shredded parmesan tossed in our house Caesar dressing topped with house-made herb croutons. Side \$8.99/ Large \$14.99

ASIAN GRILLED CHICKEN SKEWER SALAD Citrus teriyaki marinated chargrilled chicken served with mixed greens, carrots, cucumbers and arugula tossed in our house dressing with a side of Cajun aioli and Crazy Asian dipping sauce. \$16.99

GRILLED ROMAINE WEDGE Hearts of Romaine covered in Caesar dressing and grilled. Topped with tomatoes, bacon, bleu cheese crumbles, sweet red onions, arugula, a poached egg* and a drizzle of balsamic glaze. \$16.99

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